



# The Moroccan Method

## A STAIN ORGANIC Hair Kit

An Organic All-Natural Herbal Hair Kit for Dyeing Hair Brown or Black without red tones

### Contents

Your Moroccan Method Hair Kit Contains:

1. 100g Organic Moroccan Henna Powder
2. 100g Organic Rajasthani Amla Powder
3. 25g Organic Black Assam Bannaspaty Tea
4. 100g Organic Rajasthani Indigo Powder

### Instructions for Use:

\*NOTE: begin the preparation of the henna powder the day before you wish to dye your hair as it takes at least 24 hours for STAIN ORGANIC's Premium Rajasthani Henna Powder for Hair to release its natural dye. A longer dye release time is a sign of a high quality henna powder that provides naturally long-lasting results.

The amount of product you will need to naturally dye your hair is specific to the length of your hair. Please refer to the reverse side of this informational sheet to:

1. Identify your hair length category from the Hair Length Chart
2. Find the corresponding values for the amounts of product required for your hair length

1. Begin by steeping the tea in **2-3 cups** of boiled water for 15 minutes, then place the tea into the refrigerator, allowing it to cool.
2. Using the **Hair Length Chart** identify your hair length and determine the **Required Amount of Henna Powder** that corresponds to your hair length from the **Table of Product Quantities**.
3. Using either a kitchen scale or the quantity listed in the **Approximation** column, add the correct amount of henna powder into a glass bowl.
4. Make a **3:1** mixture of lemon juice to the now cooled steeped tea you'd prepared earlier, freshly squeezed or bottled lemon concentrate may be used.
5. Slowly add the lemon-tea mixture into the henna powder stirring as you pour it in.
6. Continue until your henna powder turns into a thin paste with the consistency of pancake batter.
11. Refrigerate remaining lemon-tea mixture after covering with food-safe plastic wrap.
12. Cover your henna mixture with food-safe plastic wrap and set aside in a warm area away from heavy traffic and out of the reach of children
13. Allow henna paste to sit for at least 24 hours.

### BEGIN BY STEEPING THE ORGANIC BLACK TEA:

Steep the **25 grams of black tea** included in your kit in **2 - 3 cups of water** that have been brought to a boil then removed from heat.

Allow tea to remain in the hot water for at least **15 minutes**.

Place in the refrigerator as the hot mixture requires time to cool

Thank you for choosing  
**STAIN ORGANIC's**  
100% natural *Hair* products.

Did you know that synthetic hair dyes such as those sold in drugstores and those used in typical beauty salons can contain dangerous chemicals such as **paraphenylenediamine (PPD)**, a coal-tar dye found to have been linked to numerous allergic reactions ranging from mild to severe. It has even been identified the cause of at least two deaths.

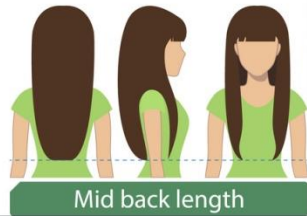
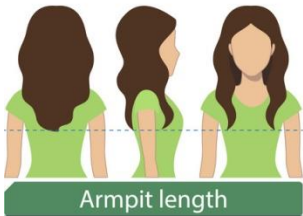
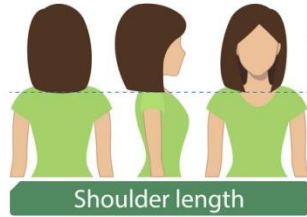
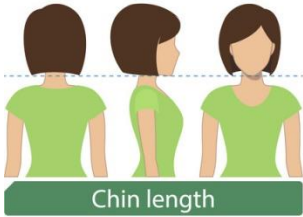
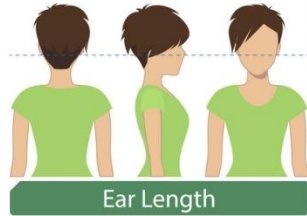
We are confident that once you've gone natural with **STAIN ORGANIC's Hair** you won't go back! Our products have been formulated and sourced by a biochemical engineer that believes in all-natural living and beauty.

**STAIN ORGANIC: Beauty through Science**

7. Remove plastic wrap from the bowl and stir well ensuring no lumps remain  
NOTE: your henna paste should be visibly darker than it had been when covered
8. Refer to the Length of Hair table again and find the amount of Amla Powder, that corresponds to your hair length
9. Measure out the correct amount of amla powder and add it into the henna paste
10. Stir well and add some of the tea-lemon mixture as required in order to keep the mixture the consistency of a thick batter

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# HAIR LENGTH CHART



**Use the Hair Length Chart to determine your hair-length category, then refer to the Table of Product Quantities below for the amounts of henna and amla powder required for your hair.**

**Measure the powder required using a kitchen scale. If you do not have a scale, use the “Approximated Amount” column to know how much of each powder to measure out.**

## Table of Product Quantities

| Length of Hair  | Required Amount of Henna Powder | Approximated Amount of Henna Powder Required | Required Amount of Amla Powder | Approximated Amount of Amla Powder Required |
|-----------------|---------------------------------|--|--------------------------------|---|
| Ear Length      | 25g                             | Approximately ¼ of the 100g pouch            | 25 - 33g                       | Approximately ¼ to 1/3 of the 100g pouch    |
| Chin Length     | 35g                             | Approximately 1/3 of the 100g pouch          | 33 – 50 g                      | Approximately 1/3 to ½ of the 100g pouch    |
| Shoulder Length | 50g                             | Approximately ½ of the 100g pouch            | 50g                            | Approximately ½ of the 100g pouch           |
| Armpit Length   | 75g                             | Approximately ¾ of the 100g pouch            | 75g                            | Approximately ¾ of the 100g pouch           |
| Mid-Back Length | 100g                            | Entire Pouch                                 | 100g                           | Entire Pouch                                |

- Using a comb, section off hair securing each section separately with a hair clip.
- Apply the paste to your hair section by section starting at the roots, ensuring that they are covered entirely, then working the paste down the length of the hair to the tip.
- Once entire hair has been covered thoroughly, tie a plastic bag around your hair and **allow paste to remain in hair for at least 90 minutes or more.**
- Just before you rinse your hair, prepare your indigo paste by measuring out an amount of indigo powder **equivalent to the amount of henna powder used in the initial paste.**
- Stir the measured quantity of indigo powder into warm water and set aside while you rinse your hair.  
NOTE: Indigo powder releases its natural dye within 15 minutes of being mixed, so it is essential not to delay adding it to your hair.
- Rinse the Henna-Amla paste from your hair using water only: do not use any shampoos or other products during this step.
- Towel-dry hair and immediately apply indigo paste to damp hair using the same method as described in Step 14.
- Once hair is covered, place a bag over your hair and allow paste to remain in your hair for at least one hour.
- Rinse your hair with water: a shampoo may be used during this rinse.
- Allow at least 48 hours for hair color to oxidize and for full color to emerge.

