



INDIGO KIT

A STAIN ORGANIC Hair Kit

An Organic All-Natural Herbal Hair Kit for Dyeing Hair any Color Ranging from Auburn to Jet Black

Contents

Your Moroccan Method Hair Kit Contains:

1. 100g Organic Moroccan Henna Powder
2. 100g Organic Rajasthani Indigo Powder
3. 1 Pair of Vinyl Gloves

You will require only one ingredient in addition to this kit:

Lemon Juice: bottled may be used instead of freshly squeezed with same results

NOTE: If any sensitivities to lemon juice exist alternatives that can be used include: tamarind paste, 100% pure apple juice, 100% pure grapefruit juice, 100% pure cranberry juice, etc.



The Optimal pH for henna dye release as well as for binding to human hair is 2.5 to 3.0

Instructions for Use:

The amount of henna you will need to naturally dye your hair is specific to the length of your hair.

Please refer to the reverse side of this informational sheet to:

1. Identify your hair length category from the Hair Length Chart
2. Find the corresponding values for the amounts of product required for your hair length

NOTE: Steeped Organic Black tea may be used if desired. Black tea possesses a natural plant chemistry that aids henna in dyeing hair.

1. Slowly add the lemon juice into the henna powder stirring as you pour it in;

NOTE: If you wish to use black tea, ensuring it is cooled, combine with lemon juice in a 1:4 ration of tea to lemon juice.
2. Continue mixing, ensuring to break up any large lumps with your spoon, until your henna powder turns into a thin paste with the approximate consistency of pancake batter;
3. Cover your henna mixture with food-safe plastic wrap and set aside in a warm area away from heavy traffic and out of the reach of children;

Allow paste to sit covered for a minimum of 12 to 24 hours



HOW LONG CAN I KEEP MY PASTE FRESH?
STAIN ORGANIC's Premium Henna Paste can remain fresh for up to 10 days if kept refrigerated and upwards of six to eight months if frozen.

PREPARE THE HENNA POWDER THE DAY BEFORE YOU INTEND TO DYE YOUR HAIR

NOTE: begin the preparation of the henna powder the day before you wish to dye your hair as it takes at least 24 hours for STAIN ORGANIC's Premium Rajasthani Henna Powder for Hair to release its natural dye. A longer dye release time is a sign of a high quality henna powder that provides naturally long-lasting results.

Preparation entails mixing henna powder with lemon juice (and black tea if desired) and is described in the instructions on this page. If using this product for grey coverage please read the section titled "Grey Coverage" on the second page before starting.

Thank you for choosing STAIN ORGANIC's 100% natural Hair products.

Did you know that synthetic hair dyes such as those sold in drugstores and those used in typical beauty salons can contain dangerous chemicals such as paraphenylenediamine (PPD), a coal-tar dye found to have been linked to numerous allergic reactions ranging from mild to severe. It has even been identified the cause of at least two deaths.

We are confident that once you've gone natural with STAIN ORGANIC's Hair you won't go back! Our products have been formulated and sourced by a biochemical engineer that believes in all-natural living and beauty.

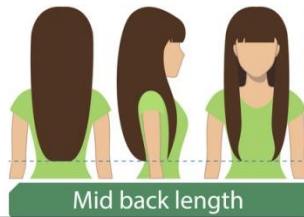
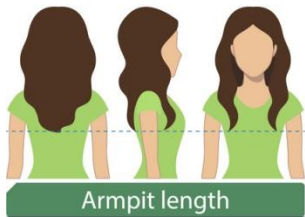
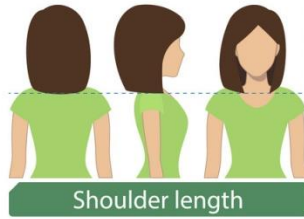
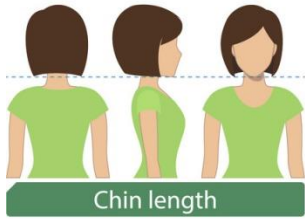
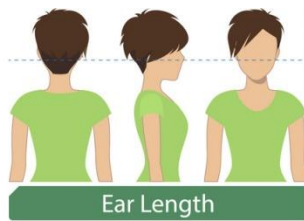
STAIN ORGANIC: Beauty through Science

4. Remove plastic wrap from the bowl and stir well ensuring no lumps remain;

NOTE: the sign that your henna powder has successfully begun to release its natural dye is that it will be visibly darker than it had been when you covered it.
5. Refer to the Length of Hair table again and find the amount of Indigo Powder that corresponds to the color that you wish to achieve as a final result;
6. Measure out the correct amount of indigo powder into a glass bowl and add warm water;

NOTE: Do not add the indigo powder directly into the henna mixture as the indigo's dye will be consumed and not available to form a bond to your hair.
7. Stir the indigo and warm water well until no lumps remain visible, the consistency should be like a thin pancake batter;

HAIR LENGTH CHART



Use the Hair Length Chart to determine your hair-length category, then refer to the Table of Product Quantities below for the quantities of henna and indigo powder required to color your hair.

Measure the powder required using a kitchen scale. If you do not have a scale, use the “Approximated Amount” column to know how much of each powder to measure out.

Table: Quantity of Henna Powder Required

Length of Hair	Required Amount of Henna Powder	Approximated Amount of Henna Powder Required
Ear Length	25g	Approximately ¼ of the 100g pouch
Chin Length	35g	Approximately 1/3 of the 100g pouch
Shoulder Length	50g	Approximately ½ of the 100g pouch
Armpit Length	75g	Approximately ¾ of the 100g pouch
Mid-Back Length	100g	Entire Pouch

Table: Quantity of Indigo Powder Required

Desired Hair Color	Required Amount of Indigo Powder	Ratio of Indigo:Henna
Light/Medium Auburn	One quarter the amount of henna powder used (i.e., 25%)	1:4
Medium Brown with Red Highlights (visible in the sun)	One third the amount of henna powder used (i.e., 33%)	1:3
Chocolate Brown	One half the amount of henna powder used	1:1
Jet Black	Three times the amount of henna used.	3:1

How to Apply Henna-Indigo Paste to Hair

- Using a comb, section off hair, securing each separate section to the head with a hair clip;
- Wearing the vinyl gloves, apply the paste to your hair, section by section, starting at the roots, ensuring that full coverage, then working the paste down the length of the hair to the tip, again, ensuring full coverage of all areas;
- Once entire hair has been covered thoroughly, tie a plastic bag around your hair and **allow paste to remain in hair for at least 60-90 minutes or more.**
- Rinse the paste out of your hair using water only (no shampoo or other products) then towel-dry. The color should be visible, however the color will continue to develop for 48 hours;

NOTE: Shampoos and other hair cleansing products should only be used after 48 hours

For Grey Coverage:

Grey hair is often far less accepting of henna and indigo dye than non-grey hair. If using this product for grey coverage it is advisable to mix *two batches of henna paste.*

If after you have rinsed and dried your hair you notice some grey remains:

- immediately mix another batch of indigo powder with warm water,
- allow it to sit undisturbed for 15-20 minutes, then
- add it to your backup batch of henna paste.

Apply the mix to your hair again using the same method, then cover your hair with a plastic bag and allow the paste to remain on your hair and covered for approximately 30-45 minutes.

NOTE: if you successfully cover all grey during the first hair coverage, then place the unused henna paste in a heavy duty Ziploc bag and store in freezer. Use this batch the next time you wish to color your hair.